**DIRECTIONS TO ONE SQUARE INCH OF SILENCE**

*One Square Inch of Silence* is located at Olympic National Park, Washington State, N 47.866001° W 123.870084° 300 feet elevation. Once you have arrived at the Hoh Rain Forest Visitor Center, hike the Hoh River Trail for 3.2 miles. You will pass Mount Tom Creek Meadows at the 2.9-mile mark (there is a sign), then over several boardwalks (see photo below) before you see a giant fractured tree (see photo). Just a few yards beyond this tree you will see a stilted Sitka Spruce large enough to walk through. This tree is the entrance to OSI (see photo). Walk through the tree then veer to your left. Follow the path over downed trees, walk along a tree root that spans a wet muddy area and you will soon be at your destination. If you have planned ahead, you may exchange the One Square Inch stone with another small red stone that you have brought. This action is our *Seeds for Quiet* program.